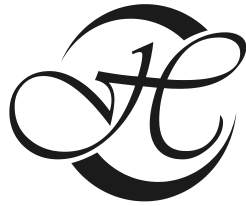


Summer Programs & Activities



2011



HILLCREST COUNTRY CLUB

EST. 1928

WELCOME TO HILLCREST

Welcome to Hillcrest Country Club for the 2011 Summer Season. The summer is the highlight of the year's social and recreational events.

Hillcrest has a long and storied tradition that involves many junior and adult activities. The Hillcrest staff has once again coordinated activities and food service in order to make the 2011 season a memorable one for all members and guests. Join me in thanking the HCC professional staff:

Jeanette Keller, Aquatics Director

Sam Nelson, Head Tennis Pro/Director

Charlie Borner, Director of Golf

Mike Brown, Head Golf Pro

On behalf of the Board of Directors of Hillcrest Country Club I hope you enjoy the summer activities. Thank you for your participation, have fun and good luck!

Sincerely,

Andy Reetz
General Manager
Hillcrest Country Club

HILLCREST SWIMMING

In this section, you will find general information about pool operations and the various programs and activities we will offer this summer. Additional information may also be found on our bulletin board in Teencrest and in upcoming issues of Highlights. As the Aquatics Director, my goal is to provide you with the best swim program in the city. Our instructors and coaches are very knowledgeable, experienced and enthusiastic, so I'm confident that you will find our program to be of the highest quality. Please take a minute to browse through this section, and then keep it for future reference.

If you have any questions, please feel free to contact any of the staff members or myself.

During the season our direct line to the pool is **402.489.1840**.

See you at the pool!

Jeanette Keller

Aquatics Director

AQUATICS STAFF

Aquatics Director	Jeanette Keller	
Pool Manager	Chelsea Hays *	
Assistant Manager	Maggie Bach *	
Diving Coach	Dave Eppert	
Head Lifeguards	Sam Bach*	Erin Dolan*
Lifeguards	Peter Slawinski*	Keith Sponsler*
	Kara Hellbusch*	Ethan Ebito*
	Tyler Petitt	Jamie Zillig
	Uriah Reiners	Bridgette Hafner
	Katie Walls	Alex Paine

*Assistant Swim Coaches

POOL COMMITTEE MEMBERS

Board Liaison	Steve Mayer	
	Shelly Theil	Julie Widman
	Sue Bath	Wendy Rau
	Rich Nolte	Rita Lyon
General Manager	Andy Reetz	
Aquatics Director	Jeanette Keller	

This committee has been created to give continuity and vital feedback to the aquatics program. Feel free to talk to any of the people listed here if you have any questions, concerns, or would just like more information.

POOL OPERATIONS

The swimming pool will be open, weather permitting, Monday through Friday from Noon until 9:00 p.m., and on the weekends from 11:00 a.m. until 9:00 p.m. Closing time will be subject to change, as we start to experience earlier sunsets at the end of the season. All members must sign-in at the pool desk each time they use the pool. Guests will be charged \$4.00 per day. Children age two and under are free. The fee for grandchildren is \$2.00 per day. All children under eight years of age must be directly supervised by their parent or someone over the age of 16, approved by the pool management.

POOL CLOSINGS

The pools may be closed at the discretion of pool management in the following situations: a pool emergency, cloudy water in the deep end, severe/inclement weather, a fecal accident or mechanical failure of equipment. When there is lightning/thunder, swimming will not be allowed until 30 minutes after it has stopped. The pool will be re-opened only after the pool management has determined it is safe to do so. When the outside air temperature is below 70 degrees, members that would like to swim, are advised to call the pool to make sure that it is open.

SCHEDULED POOL CLOSINGS

Sunday, June 5 th	at 6:00 p.m. (Out of School Party)
Wednesday, July 6 th	at 4:00 p.m. (Home Swim Meet)
Monday, July 11 th	at 4:00 p.m. (Home Swim Meet)
Thursday, July 14 th	at 6:00 p.m. (Celebrity Invitational)

We apologize in advance for any inconvenience this may cause you.

LAP LANE

Monday through Friday there will be a lap lane available from Noon until 1:00 p.m. for those people wanting to swim laps. If you are at Hillcrest on the weekend and would like to swim laps between 11:00 a.m. until 1:00 p.m., just let a staff member know, and we'll put the lane rope in for you. If you would like a lap lane at another time, just check with a pool staff member and we'll be happy to put the lane rope in, if the pool isn't too busy.

TEENCREST

Stop in for a cool treat or a light meal. They have a wide variety of items on the menu. Teencrest is open daily from 9:30 a.m. until 9:00 p.m.

POOL PARTIES

Choose Hillcrest as the location of your next party – let us help make your birthday or team party a splash! Call the club office at **402.489.7111** for more information on our pool party packages.

OUT OF SCHOOL PARTY – Sunday, June 5th

This is always a great way to celebrate the end of school and the beginning of summer at Hillcrest. The party includes dinner, swimming, games and music. The party will be Sunday, June 5th from 6:00 p.m. until 9:00 p.m. Each member may bring one guest. Adult supervision is necessary for children under 8 years old. Games and activities will be geared toward school-age children. Parents can eat pizza too; just make a reservation please, so we know how much pizza to order.

FATHER'S DAY – Sunday, June 19th

Draw up those plans for your boats! Our seventh annual cardboard boat race will begin with construction from 1:00 p.m. until 1:30 p.m., and racing at 1:35 p.m. Each team must include at least one father/grandfather and his kids/grandkids! All boat-building supplies are provided. Please sign up by Saturday, June 19th at the pool.

FOURTH OF JULY – Monday, July 4th

Spend a fun-filled Fourth of July at the pool! We have a lot of great activities and games planned, as well as just kickin' back and enjoying some festive music brought to you by our favorite D.J., Craig Estudillo. Traditional activities include a water balloon toss, the parent-kid toss, and a money dive, not to mention any other creative contests our staff can dream up...great prizes too! There is no cost for any of these activities, and it is a wonderful, family-oriented celebration. We recommend that families bring additional lawn chairs or beach blankets, as there is a limited supply of club deck chairs. The pool will open at 11:00 a.m., with activities beginning at Noon. The pool will be closing at 7:00 p.m.

END OF SUMMER BASH – Monday, September 5th (Labor Day)

Join us in closing out the season with a fun-filled afternoon party that the whole family can enjoy. We will celebrate with a HCC buffet, poolside games and a D.J. The buffet will run from 12:00 p.m.-2:00 p.m. Games and Music will be from 1:00 p.m.-4:00 p.m.

GOLF LOCKER ROOM USE BY MINORS

Children under 16 years of age are not permitted in either the women's or men's golf locker rooms. This policy is intended to prevent children from remaining in either locker room for any extended period of time. It is not intended to preclude children under 16 years of age from using the restroom or shower facilities in either locker room, so long as they leave the locker room promptly after each use. Neither is this policy intended to prevent parents from using the locker room facilities to change diapers if necessary.

HILLCREST YOUTH TRIATHLON – Saturday, August 7th

This is a great opportunity for our young members to participate in a unique event. Race divisions include boys and girls: 8-Under, 9-11, 12-14, and 15-18. All participants will receive an award with trophies going to the top finisher in each division. Cost for this event is \$5.00, and you must sign up by Friday, August 12th to participate.

Pre Race Meeting will start at 8:30 a.m. Race will begin at 9:00 a.m.

SWIMMING LESSONS

Group swimming lessons will be offered at these times during the summer:

Session One	June 6 th – 16 th
Session Two	June 20 th – July 30 th
Session Three	July 11 th – 21 st
Session Four	July 25 th – August 4 th (levels 2 & 3)

Level One Class 12:10 p.m. until 12:40 p.m.

Level Two through Level Five and Stroke Class 10:00 a.m. until 10:30 a.m.

We will add a 9:30 a.m. (Levels Two through Five and Stroke Clinic) and a 12:40 p.m. (Level 1) class, if classes fill up quickly, or there are requests for them.

Group Lessons

Monday through Thursday, with Fridays reserved for make-ups (due to bad weather)

Ages four and older \$40.00 per session.

Advanced swimmers (Stroke Clinic) \$5.00 per class

Class size will be limited to five students per instructor. You can register at the pool or by calling us at 402-489-1840. The registration deadline is the Thursday before each session begins. \$5.00 cancellation fee

Evening group swim lessons will be offered this summer during Session One and Two from 5:30 – 6:00 p.m. Minimum class size is three. A 6:00 p.m.-6:30 p.m. class will be added if there is enough interest.

Private swimming and diving lessons for both children and adults can be scheduled with any of our aquatics staff. The cost for privates is \$12.00 / 30 minute session and \$6.00 / session for each additional person. If students fail to show up for a scheduled lesson and the instructor has not been contacted to cancel the lesson, the member will be billed for the lesson.

SWIM AND DIVE TEAM

This is a wonderful opportunity for young members to gain confidence, improve self-esteem and make new friends. We have kids of all skill levels on our teams and anyone (age 5 - 18) wanting to give either team a try is invited to attend practice for the first week free! Swimmers should be able to swim 25 yards at the beginning of the season. Our coaches emphasize fun, while making sure members learn and practice good technique. Our swimmers compete in the Capital City Swim League with teams from Prairie Life Center, The Country Club of Lincoln, The Knolls Country Club, Yankee Hill Country Club and Lincoln Racquet Club.

SWIM TEAM

Swim team practice is from 11:00 a.m. until Noon, Monday through Friday, May 31st – July 19th. Swim meets are on Monday nights. The cost is \$45.00 per swimmer (\$25.00 for 14 years of age and over). Cost includes pizza party, banquet, league dues, practices, meets and team t-shirts. If you need additional information please ask any member of our coaching staff. Try it out for free the first week and see how much fun swim team is!! (Since many people are needed to put on a swim meet; we ask that each parent try to help out at one meet during the season.)

DIVE TEAM

Diving team practice is from Noon until 1:00 p.m., Monday through Friday, June 6th - July 21th. Dive meets are on Thursday Nights. No previous experience is required, as all of the basic fundamentals will be covered. We compete in the City Recreational League. East High Diving Coach, Dave Eppert will again coach the team. The cost is \$60.00 per diver. Cost includes \$28.00 league dues, pizza party, banquet, practices, meets and team tee shirt. Try it out for free the first week and see how your skills can improve with a little coaching!

*The Cost for being involved in **BOTH** swim and dive team is \$85.00 per person.

PRE-SEASON SWIM TEAM CLINIC

On Saturday, May 28th from 10:00 a.m. until 11:00 a.m., there will be a clinic open to swimmers, age 5 and over, who can swim 25 yards. Cost is \$5.00. Please let us know if you'll be attending. This is a great opportunity for swimmers who will be new to the team to meet the coaches and get some pre-season conditioning in.

DIVE CLINIC~ May 31st – June 3rd

This clinic is open to anyone who wants to learn more about diving, as well as more advanced divers, who want to sharpen their skills. Join Coach Dave Eppert, Tuesday through Friday from Noon until 1:00 p.m. Cost is \$25.00. Please sign-up if you plan to attend.

SWIM TEAM CLINIC~ July 6th – 8th

This is an extra opportunity for team members to work in a smaller group with their coaches before practice. Classes are Wednesday - Friday at 9:30 a.m. – 10:00 a.m. and 10:00 a.m. – 10:30 a.m. Cost is \$5 per class. Sign up with your coach.

TEAM UNIFORMS

Team suits are optional – the suit is Shockwave in Blue by TYR. Keps Nebraska Sports (6900 “O” Street, 467-2305) will be giving team members a team price on these suits when ordered through them. We encourage you to order as soon as possible, since stock depletes quickly in May and June. The team t-shirts will be ordered May 20th, but a second order will be placed the first week of practice. Team caps and goggles will be available for sale at Teencrest.

SWIM AND DIVE TEAM AWARDS BANQUET

Everyone is encouraged to attend this fun filled evening – all swimmers and divers eat free! Mark your calendars for Tuesday, August 2nd at 6:00 p.m.

Please call in advance to make your reservation at **402.489.1840**, or sign up at the pool.

POOL RULES

No person may use the pool unless it is officially open a qualified lifeguard is on duty. All persons wanting to use the pool facilities (members and guests) must sign in at the pool desk.

1. Proper swimming suits are required. Cut-offs, t-shirts and other street clothes are not allowed.
2. All swimmers must take a shower before entering the pool.
3. No person having an obvious communicable disease, skin eruption, cut, sore, eye, ear, nose or throat infection shall be permitted to use the swimming pool.
4. No children under 8 years of age may be left unattended in the pool area. This means that a parent or designated guardian over 16 years of age must be immediately supervising the child.
5. No running in the pool area. No dunking or roughhousing. No spitting of any kind in the pool or pool area. Smoking is allowed in designated areas only.
6. Approved life jackets are the only flotation devices allowed in the deep end of the pool. Any child wearing arm floats in the shallow end of the pool must be directly accompanied by an adult who is in the water with the child.
7. Absolutely no hanging on the diving rope, diving boards, slide or basketball hoop.
8. Only one person is allowed on the diving board at a time. Only one bounce per person is
9. Allowed on the diving board. No handstands are allowed on the diving board.
10. Persons using the diving boards must swim directly to the ladder closest to their diving board.
11. The baby pool is for those children who cannot swim in the main pool unsupervised by an adult. It is intended for the use of children ages 5 and under.
12. All babies and toddlers who are not yet toilet-trained are required to wear swimsuit diapers or tight fitting rubber or plastic pants. **Please monitor young swimmers closely, as an accident may require immediate closure of the both pools.**
13. Safety breaks will occur at 10 minutes before each hour. Swimming during safety break is restricted to those 18 years of age and older. Parents who have infants/toddlers that cannot be left unsupervised may bring them in to the main pool during safety break.
14. No swimming by the diving boards when in use.
15. No diving in the shallow end of the pool. Back dives or somersaults off the side of the pool are not allowed.
16. Only one person is allowed on the slide at a time. The next person in line to use the slide must wait at the bottom of the ladder until the previous person has swum clear of the area in front of the slide. Only feet-first sliding is permitted. Flotation devices are not allowed on the slide. Adults should be to the side of the slide when catching their children.
17. Children wanting to swim in the deep end of the pool must either be able to pass the deep end test (swimming across the deep end) or be directly accompanied by an adult.
18. Adults (Age 18 and over) may catch children that want to jump of the diving board – to the front of the board.
19. Persons using the diving board must wait until the previous swimmer has reached the wall/ladder, before climbing onto the board.
20. Please remember that pets are not allowed inside the fenced in pool/ play area.
21. Please avoid unnecessary conversation with the lifeguard on duty.
22. Smoking is allowed in designated areas only.
23. As established by the U.S. Consumer Product Safety Commissions the Hillcrest Play Structure is intended for children 5 -12 years old.
24. Any activity on the Play Structure is "Play at your own Risk".
25. No children under 8 years of age may be left unattended in the "Backyard" Area. If a child has been left unattended he or she will be asked to stay in the Teencrest building until a parent or guardian can be located.
26. The Hillcrest Staff has been asked to enforce The Pool and Playground Rules to ensure the safety of all members. The Swim Committee appreciates your support and hopes you have a GREAT SUMMER!

ALL NEW!

Please take advantage of a new service we are providing at Hillcrest!

Contact sammelson77@hotmail.com with any questions.

Early Season Tennis Lessons!

May 3rd-26th

Beginners for Youth:

Wednesday's 5:30-6:30 p.m.

Price: \$48.00

Advanced Beginners/Intermediate: Tuesday-5:00-6:00 p.m.

Thursday 4:30-5:30 p.m.

Price: 1x week \$48.00

2X week \$80.00

Junior Varsity/Varsity:

Tuesday 6:00-7:30 p.m.

Thursday 5:30-7:00 p.m.

Price: \$10.00 per hr

GET IN SHAPE JUNIOR CLINICS

This clinic is open to Intermediate, Junior and Varsity Levels.

Dates: Saturday's in May

10:00 a.m. - 11:30 a.m.

Price: \$10.00 per hr rate.

Out of School clinics

May-31st-June 4th

Beginners/Advanced Beginner:

Tuesday-Friday

9:00 a.m. - 10:00 a.m.

Price-\$32.00

Intermediate/Junior Varsity/Varsity: Tuesday-Friday

11:00 a.m. - 12:30 p.m.

Price-\$48.00

\$10.00 per hr hour rate applies to daily sign-ups.

2011 Tournament Tennis Schedule

May 31 st	Memorial Day Adult/Junior Mixed
June 14 th	Couples Theme Night (Luau)
July 4 th	Tournament - Adult/Junior Mixed (Demo Day)
July 22 nd	Couples Theme Night (Mexican fiesta)
Aug 5 th	Couples Theme Night (Blues & BBQ)
Aug 12 th , 13 th , 14 th	Hillcrest Junior Novice
Sept 5 th	Labor Day Mixed
Sept 23 rd	Couples Theme Night (Hollywood night)

JUNIOR PROGRAMS

Programs include divisions for Little Stars, Beginners, Quick Start, Advanced Beginners,

Intermediates, Advanced Junior Varsity, and Tournament prep/Advanced Varsity. We would like to emphasize that those names attached to the various divisions should not be the determining factor in placing youths into specific categories. We have tried to avoid putting "ages" on particular divisions because that is not the main reason that we have the different groups. We are excited to have good instructors/players/staff and we encourage you to take advantage of using them by setting up private lessons or hitting lessons as well. We feel that there is a place for every junior whether they have never held a tennis racquet or have participated in a tournament atmosphere and would like to play everyday. A sportsmanship and most improved player award will be decided by the tennis staff at the end of each session.

- All Prince Tennis equipment and other inquires may be purchased by submitting an order through Sam Nelson's email: samnelson77@hotmail.com

BALL MACHINE CLUB

or

Need a racket/a new string job?

Call the tennis shack at 402.489.4111

Tennis Lessons

SESSION I:	June 6 th – June 29 th
SESSION II:	July 5 th – July 28 th
Day Camps:	May Lessons-Sign-up at meet the pro's or email samnelson77@hotmail.com
	Week 1: August 1 st -5 th
	Week 2: Aug 8 th -12 th
	Fall Lessons TBA

LITTLE STARS (Beginners age 5-6)

A fun introduction to tennis which develops coordination and other skills. We will also introduce size proportionate nets along with pressure less balls.

Session I: Cost \$30 (4 weeks)

Session II: Cost \$30 (4 weeks)

Time: 8:30 a.m. - 9:00 a.m. (Mon/Wed)

BEGINNERS (age 6-9)

Teaches the fundamentals of tennis in a fun-filled atmosphere! Pressure less balls will be used. We will also have many instructors on hand to facilitate any differences we may have in skill level in this group!

Session I: Cost \$50 (4 weeks)

Session II: Cost \$50 (4 weeks)

Time: 9:00 a.m. - 9:45 a.m. (Mon/Wed)

QUICK START TENNIS (New!) Evening classes!

Class will emphasize getting the student to rally and learning how to play a match by using size appropriate courts, rackets and pressure less balls. The Hillcrest Junior Novice 10 and under division will be held on quick start court for the

10 and under division. (USTA approved).

Cost: \$60.00

Time: 6:30 p.m. - 7:15 p.m. (Tues/Thurs)

ADVANCED BEGINNERS

Work on fundamentals while beginning to learn how to rally. This class emphasizes

enthusiasm, technique and learning how to compete.

Session I: Cost \$60 (4 weeks)

Session II: Cost \$60 (4 weeks)

Time: 10:00 a.m. - 11:00 a.m. (Mon/Wed)

INTERMEDIATES – (Open to Junior Varsity Team Tennis Players)

For juniors that have been taught the basics of tennis, may have had some individual lessons and are able to keep the ball in play with group games or drills while learning basic tennis etiquette.

Session I: Cost \$60 (4 weeks)

Session II: Cost \$60 (4 weeks)

Time: 12:00 p.m. until 1:00 p.m. (Mon/Wed)

ADVANCED PLAYERS: (Varsity and Junior Varsity)

This program is designed for the aspiring high school players, Nebraska and Missouri Valley teams in the city competition. Groups from the other clubs and various designated Lincoln sections will compete on Friday afternoons. The program will emphasize mental techniques and strategies, a comprehensive off-court structure and many practice matches. If you want to play every weekday we encourage on off-days doing either the Intermediate class (JV players) or the Tournament Prep Clinic (Varsity).

Junior Varsity Session I: June 7th – July 1st (4 weeks)

Junior Varsity Session II: July 5th – July 30th (4 weeks)

Time: 9:00 a.m. until 10:30 a.m. (Tues/Thurs) Cost: \$75 per session

Varsity Session I: June 7th – July 1st (4 weeks) City Champs!

Varsity Session II: July 5th – July 30th (4 weeks)

Time: 10:30 a.m. - 12:00 p.m. (Tues/Thurs) Cost: \$75 per session

Tournament Prep Clinic Session I: June 6th – June 29th (New!)

Time: 1:00 p.m. until 2:30 p.m. (Mon/Wed) Cost: \$60 per person

High intensity drills! This group, we hope is created under the intension that we can help get prospective tournament level juniors ready! By playing every day and “practicing how they would like to play”.

New! – Tournament Travel Team – Please contact us if you are interested or would like more information on Hillcrest tennis pro’s taking and coaching your child at local tournaments around the state (good starter tournaments).

Cost: \$25.00 a day + pro’s traveling expenses (gas/food).

Includes: Coaching before, if they split sets and after. Transportation as needed.

Charting as well as a better understanding of what your child needs and can expect in a tournament experience.

The tennis committee has decided that there will be no pro-rating for the summer clinics

ADULT ACTIVITIES AND EVENTS

(Starts the week of June 6th)

We encourage previous tennis enthusiasts and anyone interested in giving tennis a try to come out! Court times are available throughout the day/week; to insure you get a court just call the tennis shack to let us know when you would like a court or how we can better assist you.

MONDAY NIGHT MIXED DOUBLES

It will be every Monday night at 7:00 p.m. Everyone is welcome for a fun night with or without your significant other. This will be a relaxed atmosphere of doubles and should be a good time for everyone. **To encourage more participants on Monday nights, members are welcome to bring a guest to come join in on the fun!**

TUESDAY NIGHT MENS DOUBLES

Start time (7:00 pm) designed to allow enough time to unwind after work and get motivated to come out and play tennis (there will always be a staff member available to play at this time and/or do all the pairings).

WEDNESDAY NIGHT - Open Play & Club Challenge Night 7:00 p.m.

Club challenge will include NTC, Woods and LRC. This will take place instead of adult team tennis. Open play will be held to get acquainted with members prior to the July 20th start date.

CARDIO TENNIS Mon-Wed 11am-12 and Thursday nights from 7-8:00 p.m.

If you are looking for a good work-out while hitting a lot of tennis balls this is the clinic for you! Price: \$8.00 Drop in rate.

\$60.00—10 visits

* Let us know you have a friend that would like to try it out for free!

THURSDAY NIGHT CLINIC - Tennis 101 6-7:00 p.m.

During the summer, the Hillcrest Tennis Staff will provide free demonstrations for interested members. Each clinic will allow members to work on specific tennis strokes and learning basics of tennis. The clinics will be one hour long and will be held every week for free as long as you let us know your coming(24hrs).

FRIDAY MORNING LADIES - Drill & Play 9-1030 a.m.

Ladies will enjoy drill atmosphere and will then be paired up for doubles. (Child care provided!) \$5 per time.

SATURDAY MORNING DOUBLES - 9:00 a.m. until 10:30 a.m.

Instruction will be provided upon request. Please contact us if interested. Balls will be provided.

TOURNAMENTS & EVENTS (Free!)

We have many tournaments and events planned for this summer. Some of these include: Memorial Day Mixed Doubles, Prince Prize Day, Pro-Am Tournament, 4th of July & Adult-Youth Tournaments. Please call us to sign up and confirm starting times at 402.489.4111.

Please contact samnelson77@hotmail.com with any questions or signing up.

LESSONS

Want to set up your own group? Give us a call at 402.489.4111 and we'll design a clinic catered to your needs!

Assistant Pro

Cost: \$12.50 per hour per person for 2 people
\$8 per hour per person for 3 people
\$6 per hour per person for 4 people

Head Pro/Director

Cost: \$18 per hour per person for 2 people
\$12 per hour per person for 3 people
\$9 per hour per person for 4 people

PRIVATE LESSONS

We are very flexible with our private lessons, set up a time at your convenience and get the pro of your choice to tutor your tennis game.

Assistant Pro's

Cost: \$20 per hour
\$12.50 per half-hour

Head Pro/Director

Cost: \$35 per hour
\$18 per half-hour

HITTING WITH THE PROS

One of the best ways to improve your game is to hit with a proven player. For a minimal price you can hit with a assistant pro and receive tips on improving your game while getting a great workout.

Cost: \$15 per hr

Pro's this year include

Jamie Holmes (Plays #1 at Wesleyan)

Ross Schulenberg (plays #1 at Doane)

Karlee Long (played #1 at Doane)

All lessons can be arranged at the tennis shack by calling **402.489.4111**

DAY CAMPS – ADVANCED BEGINNER or JV/ VARSITY

General Syllabus: breakfast, drills, match play, swimming and fun games!

Dates: August 1st- August 5th and August 8th – August 12th Time: 8:00 a.m. until Noon (tee-shirt ,camp picture included).

GET IN SHAPE JUNIOR CLINICS This clinic is open to Intermediate, Junior and Varsity Levels.

Dates: Saturday's in May

Time: 10:00 a.m. until 11:30 a.m.

Cost: \$15.00

JUNIOR CHALLENGE LADDER LEAGUE MATCH PLAY Players will meet every Wednesday for the opportunity to play matches. Prizes will be awarded.

Dates: Session 1 June 8th – July 1st

Session 2 July 6th– July 29th

Time: 1:00 p.m. until 2:30 p.m.

Hillcrest Junior Golf

This section will highlight our junior golf program and related junior golf events. We have an exciting program planned for 2011. Please take a few moments to look over this information. If you have additional questions please call the golf shop at 489-8181.

Thank you for your support of junior golf!

Charlie & Mike

Junior Golf Staff:

Charlie Borner Director of Golf – PGA Member

Mike Brown Head Professional – PGA Member

Program Cost:

\$45 per junior golfer

Program Content:

Each junior will complete in an age specific golf school. The junior golfer will then be placed in a 9-hole, 6-hole, or skills clinic division. Juniors will also participate in a golf etiquette clinic.

Program Age: 7-17

The juniors playing ability will be considered when recommending 9-hole 6-hole or Skills Clinic.

Sign-Up:

You may sign up for junior golf by calling the golf shop on or after Sunday, May 1st. We will also have a sign-up at the Junior Golf Breakfast, June 3rd. We encourage parents to volunteer their time to our program during the season. Please sign-up in the golf shop.

Golf Lessons:

Individual Golf Lessons may be scheduled by call the golf shop. 489-8181

Important Note:

If you will not be able to attend junior golf on a particular Friday, please inform the Golf Shop by
Thursdays at 12:00 PM

Junior Golfer Code of Conduct

To all Junior Golfers:

Perhaps the most important and lasting lesson taught by participation in our junior golf events is the development of a sense of SPORTSMANSHIP, an appreciation of fair and honest competition, and an attitude of courtesy and respect for fellow players, tournament officials, club members, and spectators. In this spirit we expect participants in these events to observe all rules set forth in this Code of Conduct. Failure to observe any of these rules could result in disqualification from the present or future events and/or any other sanctions deemed appropriate by the Hillcrest Country Club Junior Golf Committee. This code is related to junior tournaments but most items are appropriate in terms of our Junior Golf Program.

1. Arrive at tournament locations and check in with the starter 20 minutes before your tee time.
2. Conduct yourselves at all times like true sportsman, and do not engage in unsportsmanlike conduct. Unsportsmanlike conduct includes, but is not limited to, the following examples: Throwing clubs, swearing, damaging of golf course or property, failing to replace divots or ball marks, failing to rake sand bunkers, discarding refuse in any way other than in proper containers.
3. You must play quickly enough to keep up with the group ahead of you, and should move along as rapidly as possible. You will be penalized for undue delay.
4. Each player must play their own game with their own skills and knowledge and may not give or receive advice.
5. Show the patience and fortitude to complete even the worst round and report your score, and do not pick up or fail to turn in your scorecard.
6. Make certain that only one player is on the tee at one time.
7. In order to preserve the tees, do not put your golf bag on them or take unnecessary practice swings on them. Protect the greens by making sure that, when you drop golf bags or flagsticks, you do not damage the putting surface.
8. Carry or pull your own clubs. No caddies or riding golf carts are permitted in any event.
9. Be considerate of your fellow competitors and play the game according to the rules of golf.

Good Luck,

Golf Shop Staff

Descriptions of Events & Competitions

Junior Golf School

During the first week of the Junior Golf Program we will teach driving, iron play, short game, and putting skills. These fundamentals have been compressed to focus on skill retention, while at the same time improving the student to instructor ratio. Each junior golfer will participate at times specific to age and skill. Refer to your Junior Golf Schedule for age and skill times.

Junior Golf Fridays

On Junior Golf Fridays the players will play/practice in a 9-hole, 6-hole or skill clinic divisions. The professional staff will be evaluating and assessing each junior's ability and etiquette. Some juniors will have the skills to play the golf course in our 9-hole and 6-hole divisions. Other juniors will need to continue development in our skills clinics. Each junior will have the opportunity to graduate out of their particular division and move up to the next level. This could take one season or several but it will take some time and practice on their part. You the parent play an important role in the development of your child as a junior golfer. The opportunity to spend time with your child practicing golf skills on the driving range, practice green or even in your back yard will enhance and promote the retention of the skills being taught.

Junior Club Championship

Stroke play event no handicaps. Three flights, an 18-hole Championship Flight, a 9 hole Medalist Flight, and a 9/6 hole Tiger Flight. Open to girls and boys. **If your child is going to compete in this event we must have a parent available to act as a walking marker for each group.**

Ringer Sheet Champions

Each player will have a running and updated Low Score for each hole. These scores will be updated each week when a junior better a previous score for a particular hole. Example: If you made a par on the first hole in week #1 that score will go on your ringer sheet. If you make a birdie on the first hole in week #2 the birdie replaces the par on your ringer sheet. A score can only be replaced if it is lower. The Junior Boy and Girl in each division with the best ringer total at the end of the season will become the Boys and Girls Ringer Sheet Champions.

Low Putt Champions

Each week we will have the juniors keep track of total putts for their round. These totals will be recorded and the juniors with the lowest average number of putt per round at the end of the season will become the Low Putt Champion. Boys and Girls Divisions

Informal Practice Hour

Thursdays in July from 1:00 p.m. to 2:00 p.m. junior golfers may come out to Hillcrest Country Club to practice with fellow junior golfers. This is designed to promote practice among junior golfers outside the structure of a formal clinic. This is not mandatory, but juniors who want to get extra hours of practice can attend and have fun learning, with other junior golfers the importance of self-practice. A member of our professional staff will also attend so juniors can ask for help if they are struggling in a particular area of their games. There is no fee.

Junior golf

“Divot Fill” Pizza Party

TUESDAY, JUNE 28TH at 4:00pm

“Come out with the family and do your part to keep Hillcrest beautiful”

**Raffle Prizes – Contests – Pizza
- and more!**

COMING THIS SUMMER

THE NEBRASKA JUNIOR GOLF TOUR

The Nebraska Golf Association and the Nebraska PGA join forces this year to bring you the state's premier junior golf organization – the Nebraska Junior Golf Tour (NJGT). The NJGT will offer just over 30 competitive golf events for junior golfers beginning at the age of seven continuing through the summer following a golfer's graduation from high school. The series of competitions will include tournaments for every level of golfer including featured tournaments for the more accomplished player and major championships.

Complete information on the Nebraska Junior Golf Tour will be available April 1 at the following web site—www.njgt.org.



2011 Junior Golf Schedule

Friday, June 3rd	Junior Golf Breakfast & 9 Hole Players Scramble	8:00
	(Scramble will begin following breakfast)	
	Etiquette Clinic (all juniors not playing scramble)	9:00
Tuesday, June 7th	Junior Golf School Session: 1	
	Ages: (7-9)	8:30-9:30
	Ages: (10-12)	9:45-10:45
	Ages: (13-17)	11:00-12:00
Wednesday, June 8th	Junior Golf School Session: 2	
	Ages: (7-9)	8:30-9:30
	Ages: (10-12)	9:45-10:45
	Ages: (13-17)	11:00-12:00
NOTE: Thursday School Sessions are a half hour later than Tuesday-Wednesday		
Thursday, June 9th	Junior Golf School Session: 3	
	Ages: (7-9)	9:00-10:00
	Ages: (10-12)	10:15-11:15
	Ages: (13-17)	11:30-12:30
Friday, June 17 th	#1 Junior Golf Day: 9 holes, 6 Holes, or Skills Clinic	8:00
Sunday, June 26 th	Parent/Youth Tournament	3:00
June 28 Tuesday	Junior Golf "Divot Fill" & Pizza Party (Family night)	4:00
Friday, July 1 st	#2 Junior Golf Day: 9 holes, 6 holes, or Skills Clinic	8:00
Wednesday, July 6 th	Hillcrest Junior Club Championship	9:00
Friday, July 8 th	#3 Junior Golf Day: 9 holes, 6 holes, or Skills Clinic	8:00
Friday, July 15	NO JUNIOR GOLF - Celebrity Invitational Week	
Friday, July 22	#4 Junior Golf Day: 9 holes, 6 holes, or Skills Clinic	8:00
Tuesday, July 26	#5 Junior Golf Day: 9 holes, 6 holes, or Skills Clinic	8:00
Tuesday, August 2	Junior Golf Skills Challenge	10:00
	Awards Luncheon	12:00

Note: **Informal Practice** sessions will be held July 7th, July 21st & 28th on **Thursdays** at 1:00 PM for 1 hour.

MEET THE PROS

Sunday, May 1st, 2011

1:00 - 4:00 p.m.

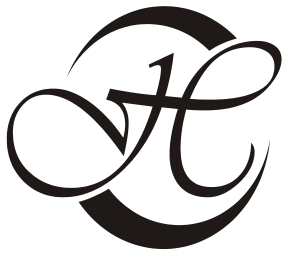
We invite you and all family members to come and meet the Pros.

This is the time to sign up for summer activities, leagues, lessons, uniforms and competitive events, and learn more about the summer activities at Hillcrest Country Club.

Swimming: Jeanette Keller

Tennis: Sam Nelson

Golf: Charlie Borner and Mike Brown



**HILLCREST
COUNTRY CLUB**

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Club House 402•489•7111

www.hillcrestcountryclub.com